



Stretton Sugwas Academy

Anti-Bullying Policy

Reviewed: Summer 2016

The School Council & Mr Alex Davies

What is bullying?

Bullying is when someone hurts another person on purpose and this is repeated over a period of time. It can make the person who is bullied feel very sad and not want to come to school. Sometimes bullies are jealous of what you have.

Bullying can be:

- Physical- hitting, kicking, punching, breaking things etc.
- Emotional- unpleasant name calling, leaving children out etc.
- Cyber bullying- using mobile phones or computers to say or do unkind things.

What do we do as a school to prevent bullying?

- We promote friendships at school. The adults in our school act as role models.
- We use circle time to talk about ways to make us feel happy on our playground and in school.
- We have School Council to talk about issues which affect the whole school.
- We use special PSHE (Personal, Social and Health Education activities. (We all use SEAL – Social and Emotional Aspects of Learning- materials.)
- Our school assemblies/collective worships and values education help us think of ways to stop bullying.
- There are at least three adults on duty outside to help children on the playground have a happy playtime.
- When a child thinks they have been bullied, we will listen to their problems and try our hardest to stop any bullying.
- We have a lot of apparatus that children can use at break and lunch times to teach them about sharing and caring for others.
- We will make the school community aware of our Anti-bullying Policy.
- Each class will make up their own classroom rules in the Autumn Term.
- Mrs Gardner is our Learning Mentor and is available to listen to our problems.
- We recognise that children with special needs may need extra support to help them in bullying situations.

What should you do if you think you are being bullied?

To stop bullying you must tell someone who can help you. It could be:

- your parents or carers
- someone else in your family
- adults in school

- friends (they might help you tell an adult)
- the police (if it is really serious)
- Childline- their number is displayed on the children's noticeboard.

If you can:

- use eye contact and tell the child or children who are bullying you to go away.
- ignore them.
- walk away.
- act as if you don't care what they say or do.
- remember it is NOT your fault.
- you could try and befriend the child who is bullying and find out why they are doing it.

Don't:

- do what they say.
- look upset or cry.
- get angry or hurt them.

Although these strategies are/can be very difficult. Try your best.

What should you do if you see someone being bullied?

- Don't walk away and ignore it.
- Tell an adult who can help stop the bullying.
- If it is safe to do so, tell the person who is bullying to STOP.
- Don't stay silent or it may not stop.
- Try and cheer them up by trying to take their mind off things.

What the school will do if someone thinks they are being bullied

- We will always encourage them to talk to an adult.
- We will always take cases of bullying seriously.
- We will talk to the child who is bullying and the child who has been bullied to find out what has happened.
- In more serious cases the parents/ carers of the children who bully or who are bullied will be asked to come in and discuss the matter with Mr Davies or Mr Ford.
- Children who bully other children will be told why their behaviour is wrong by an adult.

- Our children would like to help the child who bullies by showing them how to be a good friend.
- Children who bully may:
 - lose their playtime and/or lunchtime.
 - lose their special/golden/ privilege time
 - Be moved to orange or red on the behaviour chart.
 - lose other special privileges.
 - be excluded from school.

Sometimes our school might ask for extra help from the School Nurse or other people to help us deal with bullying in our school.

We want children to know that bullying is wrong. We want our school to be a place where children who are bullied, or who bully other children, can get help.

Appendix 1

Copy of letter sent home with School Council Members



Stretton Sugwas C. of E. Academy

Headteacher: Mr. A. Davies *BSc (Hons)*

Stretton Sugwas

Hereford, HR4 7AE

Tel: 01432 760282

admin@stretton-sugwas.hereford.sch.uk

www.stretton-sugwas.com

School Council

Monday 23rd May 2016

Dear parents/carers,

Please find attached a draft Anti Bullying Policy the School Council are hoping to put forward to the governing body. Ideally if you could read this with your child or have a discussion with them regarding it, would be very helpful. I am hoping that the children will come back with either agreement that it is all fine, or with suggestions, additions or omissions that they feel it needs. I am hoping to address this during the week of **Monday 13th June** in a school council meeting.

We are also hoping to get out onto the school playground and parking area at the end of the day on **Thursday 9th June**. Can you arrange for your child to be picked up at a slightly later time of 3.30pm in order for us to carry it out. If you have a sibling to pick up, please park out of the school grounds as we are also trying to ensure parents leave the premises promptly at the end of the day. If your child is booked into Club Stretton or an after school club, we will ensure they are placed in their care safely.

One last thing is that the school is having chickens for the final part of the summer term. I would like the School Council to be in charge of running the chickens and looking after them on a daily basis. If you see this being a problem or have any further questions, please do not hesitate to contact me.

Kind regards,

A handwritten signature in black ink, appearing to read 'A. Davies'.

Mr Alex Davies

Headteacher (soon to be superseded by the School Council Members!)

