

Week 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
<b>4/9 24/9 15/10 12/11 3/12</b>					
Meat Choice	Homemade tomato & basil bean bake, sweetcorn & fresh salad bar.	Homemade mild chicken korma with wholegrain rice, naan bread & fresh salad bar.	Roast pork, potatoes, seasonal vegetables, gravy & apple sauce.	Homemade wholewheat beef lasagne with crusty bread & fresh salad bar.	Honey roast ham, chips with the option of baked beans or peas & fresh salad bar.
Vegetarian Choice		Homemade mild vegetarian korma with wholegrain rice, naan bread & fresh salad bar.	Leeks in cheese sauce, potatoes & seasonal vegetables.	Homemade vegetarian three bean lasagne & fresh salad bar.	Vegetable bean burger, chips baked beans or peas & fresh salad bar.
Dessert	Ice cream & Fruit basket.	Homemade cheesecake. Fruit basket.	Fruit & yogurt.	Fruit salad & cream.	Homemade carrot cake & Fruit Basket

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>10/9 1/10 22/10 19/11 10/12</b>					
Meat Choice	Vegetarian meatballs in a tomato & basil sauce with pasta & fresh salad bar.	Tortilla wraps, pulled pork with optional bbq sauce, grated cheese & pasta. Sweetcorn. Fresh salad bar.	Roast beef, Yorkshire pudding, potatoes, seasonal vegetables & gravy.	Sausage roll, minted new potatoes, wholewheat spaghetti hoops & fresh salad bar.	Chicken bites, saute potatoes, baked beans & fresh salad bar.
Vegetarian Choice		Tortilla wraps, quorn strips with optional bbq sauce, grated cheese & pasta. Sweetcorn. Fresh salad bar.	Cauliflower cheese melt, topped with bread crumbs, potatoes & seasonal vegetables.	Cheese & onion slice, minted new potatoes, wholewheat spaghetti hoops & fresh salad bar.	Quorn bites, saute potatoes, baked beans & fresh salad bar.
Dessert	Mini pancakes with maple syrup. Fruit basket.	Strawberry Mousse. Fruit basket.	Cheese & Biscuits with grapes	Fruit platter	Swiss roll. Fruit basket.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>17/9 8/10 5/11 26/11 17/12</b>					
Meat Choice	Homemade quorn bolognese, pasta, garlic bread & fresh salad bar.	Macaroni cheese with bacon, peas & fresh salad bar	Chicken in gravy served with separate potatoes and seasonal vegetables.	Salmon fishcakes, new potatoes, garden peas & fresh salad bar	Sweet & sour chicken & vegetables with chips & fresh salad bar.
Vegetarian Choice		Macaroni cheese with peas & fresh salad bar.	Quorn pieces in gravy, served with potatoes & seasonal vegetables.	Cheese & tomato pizza, new potatoes, garden peas & fresh salad bar	Vegetarian spring roll & chips.
Dessert	Fruity pots.	Jam sponge with coconut topping. Fruit Basket	Jelly pots. Fruit basket.	Homemade fruit crumble & custard	Mini meringue with fruit & cream

**A basket of fresh fruit is available every day which children may choose from to accompany their pudding. Yoghurts are available daily to have instead of pudding choice. Fresh bread offered daily and salad is available every day (with the exception of Wednesday roast day).**

**Gluten free and alternatives available for special dietary needs. Please contact Joanne to discuss your requirements.**

