



Stretton Sugwas Academy

Relationship and Sex Education Policy

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Stretton Sugwas C of E Academy

Relationship and Sex Education

Aims and Objectives

Sex and relationship education is lifelong learning about physical, moral and emotional development. It has three main elements.

1. Attitudes and values
2. Personal and social skills
3. Knowledge and understanding

Our aim is to enable our pupils to respect themselves and others, so that they can move confidently from childhood through adolescence to adulthood.

At Stretton Sugwas we aim to stress the values of loving relationships, mutual respect, love and care. Science teaching throughout the school includes what may be called the preliminaries of sex education e.g. family compositions and the birth of babies. Reproduction in plants and the production of seeds are also a part of our science curriculum.

In line with the Sex and Relationship Education Guidelines (DfEE 2000) children in Year 6 are given a course of lessons which are usually referred to as 'growing-up talks'.

Equal opportunities

As with all areas of the curriculum within our school, all pupils are given the opportunity to participate in all of these lessons. Pupil needs will be assessed each year.

Organisation of Relationship and Sex Education

The teaching of Relationship and Sex Education is rooted in many of our curriculum subjects. For instance, friendship is an early theme in the Foundation Stage of Religious Education.

Teachers deal with relationships between members of the school community on a frequent, if not daily, basis. Relationship and Sex Education is particularly supported through the science and PSHE/Citizenship frameworks at the primary school level. The class teacher usually delivers these although occasionally outside agencies are asked to assist.

Foundation Stage

Our pupils begin their Relationship and Sex Education as soon as they enter our school. Children are encouraged to form good relationships with adults and their peers. In addition, they develop an awareness of their own views and feelings and are encouraged to be sensitive to the feelings of others. As part of their Understanding of the World curriculum the children should be able to recognise the main human body parts. In addition, the routines of good hygiene are reinforced on a daily basis.

KS1 and 2

Relationship and Sex Education contributes to the foundation of PSHE/ citizenship by enabling all pupils

- to develop confidence in talking, listening and thinking about feelings and relationships. This is promoted through class debates, sharing times, discussions and circle time.
- to name body parts and describe how their bodies work. Promoted through stories and rhymes and topic in Foundation Stage and Key Stage One. Promoted primarily through science at Key Stage 2.
- to protect themselves and ask for help and support. Promoted through class discussion, sharing time, circle time, whole school activities such as collective worship. These may be supported by outside agencies such as the police.
- to be prepared for puberty. This is primarily promoted through the 'growing up' talks, but may occur incidentally during science teaching.

Places where Relationship and Sex Education is found in the science curriculum.

National Curriculum Science.

Key Stage One

1. b) that animals including humans move, feed, grow, use their senses and reproduce
2. a) to recognise and compare the main external parts of the bodies of humans

- f) that humans and animals can produce offspring and these grow into adults
4. a) to recognise similarities and differences between themselves and others and treat others with sensitivity

Key Stage Two

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction
2. f) about the main stages of the human life cycle

The areas outlined above form part of the National Curriculum that all pupils are required to follow. Parents have the right to withdraw their children from all, or part of Relationship and Sex Education. Parents are the key people in teaching their children about sex, relationships and growing up

Growing-up talks.

Before the 'growing up' talks begin parents will be informed of the content of the lessons by letter and asked to consult the PSHE co-ordinator if they require any further information or would like to discuss any concerns. In their final year of school Y6 pupils will have the opportunity to take part in sex education lessons. The brief in Y6 is in line with the objectives of Page 10 of Sex and Relationship Education DfEE 2000.

i.e. Our pupils will be taught about

- changes in the body related to puberty, such as periods and voice breaking
- when these changes are likely to happen and what issues may cause young people anxiety and how they can deal with these; and
- how a baby is conceived and born.

Teaching methods such as the use of videos and discussions are used. Questions are answered sympathetically and answers are related to the age and maturity of the group. The Year Six pupils are taught as a whole group but single sex lessons could be arranged if deemed necessary. Issues such as HIV/aids, Sexually transmitted diseases and birth control will not be specifically covered in these sessions as we feel they are best left to parents or until our pupils have matured further.

Protective Behaviours

From training carried out by our schools Designated Safeguarding Lead and emanated out to all teaching staff, the school covers aspects of Protective Behaviours in PSHE lessons. This is closely linked to Relationship and Sex Education, along with Safeguarding Children and giving them a full understanding of what is deemed right and wrong. The two main themes that children look at are: "We all have the right to feel safe all the time." and, "We can talk with someone about anything, even if it is awful or small." As a school we feel these messages encourage children to be open and will help to identify issues before they become a problem. Whole school approached to teaching this will take place during the academic year.

Evaluating and monitoring

Relationship and Sex Education is monitored in several ways in our school. Knowledge and skills in the science curriculum are monitored through class, small group or one-to-one discussions. PSHE/citizenship aspects are usually monitored through oral contributions although some written or illustrated work is sometimes produced and assessed by the class teacher.

No formal assessment of the Y6 talks takes place, but informed debate and questioning are intrinsic to the lessons. The children are asked for their comments and suggestions for improvement. The children can take home the sheets they have produced during these talks or leave them with the teacher. In addition, there have been informal discussions with past pupils and parents about the effectiveness of these talks.